

# ZANSHIN

I read an interesting article this week, titled "Zanshin: Learning the Art of Attention and Focus From a Legendary Samurai Archer."

Yeah, it's a mouthful.

It's a short read about mindfulness and process. A great archery master by the name of Awa Kenzo teaches his students using a method called zanshin.



Zanshin is complete awareness of both the body and mind and their places in accomplishing a goal. The term refers to a state of relaxed alertness. It's a peace and calm that accompanies a finely tuned awareness to every detail. As westerners, we might say this is being "in the zone" or "dialed in".

It is often used to describe an intentional and purposeful life rather than falling victim to whatever comes your way. This is what drew me in. How much of your daily life would you say is happening to you? What is the real impact of those things that we can't control?

The art of zanshin is a pursuit of control that goes beyond the goal. The article cites the example of an author and says that the battle is not ended when the book is complete. Rather, the battle is over when progress stops, when they don't feel the need to hone their craft any longer. Maybe that results in a completed book, and maybe it doesn't.

The battle is lost when complacency sets in, when the desire to improve our craft has passed.

What is the goal of your Christian faith? I don't have an answer, just a question to stew on. Whatever your answer is, if it lacks passion and purpose, then perhaps you've lost interest in your craft.

Could I suggest you sit in James 2:17 for a while?

"So also faith by itself, if it does not have works, is dead."

Nick

## About Our Worship

**Prayer** As an integral part of Christian life, our worship includes a lot of prayer. (1 Thessalonians 5:17)

**Singing** Worship is interactive and participatory. (Ephesians 5:19) We invite you to join in as we praise God through singing.

**Lord's Supper** Each week we celebrate our unity and reflect on the sacrifice of Christ. (1 Corinthians 11:23-26)

**Offering** Offerings are an act of obedience and gratitude. (1 Corinthians 16:1-2) *Guests are not expected or obligated to give.*

**Message** The teaching/preaching time seeks to communicate God's truth in relevant ways. (2 Timothy 4:2)

## EVENTS CALENDAR

### Today

\*2:42 Groups Meet

### February 26

\*Ladies Area-Wide Salad Supper

### February 28

\*YM Overflow  
\*Young Adult Dinner

### March 1

\*L2L Lunch & Practices  
\*Elders'/Ministers' Meetings  
\*6PM L2L Split Service  
\*L2L Art Says It projects due

### March 7

\*Ladies' Activity

### March 8

\*2:42 Small Groups Meet

### March 13

\*Senior Saints' Lunch

### March 15

\*2:42 Small Groups Meet

### March 17

\*Men's Prayer Breakfast

### March 20

\*YM Spring Olympics.

### March 21

\*Ladies' 30a Bike Ride

### March 22

\*2:42 Small Groups Meet

### Pickleball

Monday Nights  
6:00 p.m.  
in the FAC



### OFFICE HOURS

8:00 am - 4:00 pm  
Monday through Friday

### CONTACT INFORMATION

PHONE:(850) 763-5661  
FAX: (850) 769-8432  
office@JenksChurchOfChrist.com

CONNECT WITH US ONLINE  
[JenksChurchOfChrist.com](http://JenksChurchOfChrist.com)

 CHURCH of CHRIST  
at Jenks Avenue  
3332 Jenks Ave  
Panama City, FL 32405

### rightnow MEDIA

[app.rightnowmedia.org/join/  
JenksAveChurchOfChrist](http://app.rightnowmedia.org/join/JenksAveChurchOfChrist)



### WEEK OF FEBRUARY 15, 2026

#### ATTENDANCE

AM Worship—270

Bible Class—198

2:42 Small Groups—166

Wednesday—139

#### BUDGET

\$ 18,405.12

#### YTD AVG. WEEKLY CONTRIBUTION

\$ 18,811.24

#### 2026 RESPONSES:

Baptisms—1  
New Members—3

February 22, 2026

# WELCOME

We are glad you are here and  
pray you are blessed through  
your time with us today.

## WORSHIP SERVICES

Sunday AM Worship—9:00  
Sunday AM Bible Class—10:30  
Sunday PM—2:42 Small Groups  
Wednesday PM—6:00

You can join our live-streamed  
worship at [JenksChurchOfChrist.com](http://JenksChurchOfChrist.com)





## INFO CENTER

**NEW WITH US?** Please fill out a Let's Connect card from the chair rack and drop it in the collection plate or box in the foyer.

**Questions?** Our elders or ministers would be glad to visit with you. You can also visit the resources page of our church website at [jenkschurchofchrist.com/resources/](http://jenkschurchofchrist.com/resources/).

Please stop by our **Welcome Center** where you can grab a cup of coffee and find more resources and information about what's happening at Jenks Ave.

### HAVE KIDS? WE OFFER:

Attended nursery for children under 24 months.

**Training room** - located at the back of the auditorium. You may sit with your children and still participate in worship service.

**Infant nursing room** - a quiet place to rock, change, and feed. Wall monitors allow mothers to see and hear the worship service.

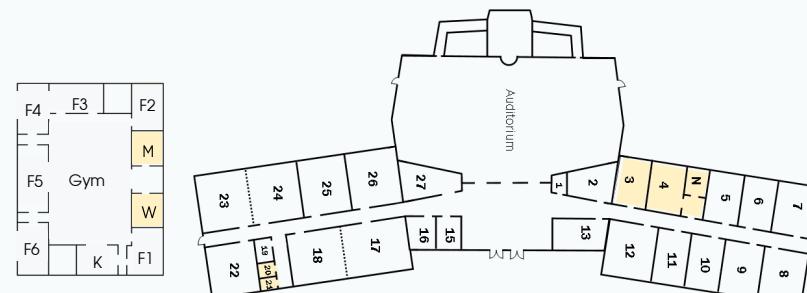
**Activity bags** are available for check-out in the Welcome Center.

**Kingdom Kids—Sunday evenings during evening worship** (ages 3 years to 2nd grade). A safe, learning-friendly environment where children learn about the Bible through puppet shows, singing, games, and crafts.

## Facilities, Classes & Locations

### Sunday Morning Classes

Adults	17/18	Balanced, God's Way
Adults	26	Intentional Disciples
Adults	F2	The Story of Life: OT Law
Adults	F1	Discipleship Through Acts
Young Adults	F5	Taught by Hunter Morris
HS & MS	F3	L2L/Pearls



Family Activity Center

### ELDERS

Elder On Call: Jim Hurley  
(850) 624-0400

Hal Burleson, Paul Calhoun, Joel Chapman, Jim Holombake, Jim Hurley, Bart Lewis, Lawrence Peavler, Carl Scott and Gary Witham

### DEACONS

Visit our website for a list of deacons and their service areas.

### MINISTERS

Lead Minister  
Daniel Cherry (850) 387-6736  
[daniel@jenkschurchofchrist.com](mailto:daniel@jenkschurchofchrist.com)

Discipleship Minister  
Nick Rice (928) 225-0814  
[nick@jenkschurchofchrist.com](mailto:nick@jenkschurchofchrist.com)

Youth Minister  
Brian Crosby (406) 871-7085  
[brian@jenkschurchofchrist.com](mailto:brian@jenkschurchofchrist.com)

### Wednesday Classes

Under 2	Rm 13
2's- 3's	Rm 6
4's/5's/K	Rm 9
1st/2nd	Rm 11
3rd/4th	Rm 12
5th Grade	F4

### Faith Ave-2 yrs-4th Grade

Children are dropped off in rm 23 between 5:50-6:00 p.m. and picked up between 7:00-7:10 p.m.

Children must be signed in and out by a parent.

Scan here to see this year's schedule.



Don't forget to look for two swords in this week's bulletin!

## News & Events

See the back of the bulletin for a more complete list of activities and meetings.



### Young Adults' Dinner at Diego's

Saturday, February 28  
6:00—8:00 p.m. at  
Diego's in Lynn Haven

Come when you can, grab what you like and sit with us! This is a casual meet-up, so bring a friend!

RSVP to Kara @  
(850) 896-1278

### SUNDAY, MARCH 1

**L2L Lunch & Practices**  
Lunch—11:30 a.m.-12:30 p.m.

**Elders'/Deacons' Meeting**  
Deacons meet at  
4:15 p.m. in room 17/18.



**L2L Split PM Service**  
6:00 p.m.

Men meet in the FAC,  
ladies meet in the main  
building.



### L2L Art Says It Due

Be sure to turn in your projects to Lashae Boyd.

### Mark Your Calendars

**Senior Saints' Lunch**  
Friday, March 13  
11:00 a.m.—1:00 p.m.

Please join us for  
lunch in the FAC.  
More details to  
come.



## EGG HUNT

Coming  
Saturday, March 28



For the Men  
**MEN'S PRAYER BREAKFAST**  
Tuesday, March 17  
6:45 a.m. in the FAC

### For the Ladies



**Tuesday Ladies' Bible Class**  
10:00 a.m. in the FAC  
Hope to see you there!

Next Luncheon: Tuesday, March 17

## Teen Corner

### BIBLE CLASSES

#### Sunday Mornings

L2L Pearls Study

#### Wednesday Nights

Dating and Marriage

### UPCOMING EVENTS

**February 28**  
Overflow

**March 1**  
YM Renew

Youth Minister  
Brian Crosby (406) 871-7085

